# The Effectiveness of Phishing Competitions

**Dennis Legori** 

**Associate Director** 

Security Awareness & Digital Communications

Carrier





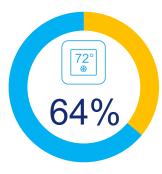
# in Dennis Legori

- Lived in England (8 years), and India (16 years) before coming to the United States in 1999.
- MBA from Southern Illinois University (SIU)
- MA (Public Administration) from Kerala University
- 10 years of experience in Manufacturing
  - Helped increase revenues from \$5M in 2013 to >\$50 Million in 2013
- 10 years of experience in Cybersecurity
  - 3.5 years at Carrier
  - 6 Industry Awards for Carrier between 2020-2023



#### **About Carrier**

#### 2022 Net Sales Breakdown



**HVAC** 

\$13.4B Net sales\*



**REFRIGERATION** 

\$3.9B Net sales\*



**FIRE & SECURITY** 

\$3.6B Net sales\*





\$20.4B



~52,000 EMPLOYEES



75+
BRANDS



100+
NEW PRODUCTS for the 8th consecutive year

#### The Elite Pro Phishing Competition

- Launched in October 2021
- 6 Phishing Competitions since 2021
- Users sign up for competition
- Competition is between 10-11 rounds
  - Advanced exercises include Spear Phishing and Email Account Compromise
  - First & Last Rounds are repeated to highlight improvement

## Value Added Proposition

- Phishing is the leading attack vector
- Phishing emails evade Secure Email Gateway
- Encourage User Reporting
- Crowdsource Cybersecurity
- Create a Competition
- Achieve Results
- Immersive Learning Experience
- Use Enterprise Social Media for Crowdsourcing





Why should users sign up?

- No prizes, just bragging rights
- All participants and winners receive a Certificate
- Participate in the largest Teams channel
- Elite Pro Phishing Competition The "Best of the Best"
- The Leader receives an email when the user:
  - Reports a suspicious email to the SOC
  - Participates in the Elite Pro Phishing Competition
  - Is a winner in the Elite Pro Phishing Competition
  - Participates in the Enterprise Defender's Program





#### **Competition Results**

October 2022 1,734 participants

Simulations = 11

**Click Rate** 13.9% to 2.1%

**Report Rate** 64.8% to 68.5%

Resiliency 4.66 to 32.62

**Improvement** 600%

March 2023 3,755 participants

Simulations = 10

**Click Rate** 11.9% to 2.3%

**Report Rate** 62.9% to 69.2%

Resiliency 5.29 to 30.09

**Improvement** 469%

**July 2023** 4,125 participants

Simulations = 11

Click Rate 12.1% to 2.0%

**Report Rate** 71.4% to 75%

Resiliency 5.9 to 37.5

**Improvement** 536%

## **Takeaways**

- Embrace the concept of "Crowdsourcing"
   Cybersecurity
- Train users to confidently report incidents to the SOC
- Whether phishing simulations or phishing emails, focus on reporting over clicks
- Phishing competitions when done correctly offer a fun, accelerated, and immersive learning experience
- · Use enterprise tools to get enable "Crowdsourcing".



#### **Thank You - Teams Involved**

